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PRELIMINARY PROGRAMME

Save the Meniscus Instructional Course

Expert Connect Centre, Croxley Park, UK

25th – 26th April, 2019

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Description

This advanced meniscus instructional course will focus on the more challenging meniscal pathologies and repair options available. Participants will hear lectures on current concepts, evidence and the latest techniques from a faculty of experts from across Europe. A large proportion of the programme is dedicated to the wet lab where there will be an opportunity for hands-on practice of advanced techniques including ramp lesion and root repair.

Chairman - Invited



Dr Sven Scheffler
Sports Medicine and Knee Surgeon
Sportorthopaedicum ,Berlin
Germany

Faculty - Invited

TBC

Accreditation

Accredited by the Royal College of Surgeons - England.

Learning objectives

By attending this course, participants will be able to:

- Explain the latest evidence relating to meniscal repair and preservation
- Outline current and emerging techniques for meniscal repair
- Recognise complex meniscal pathologies
- Demonstrate advanced meniscal techniques including root repair

Participant profile

This course is aimed at surgeons who have significant experience in soft tissue knee surgery, they should:

- Routinely perform meniscal repair and knee ligament reconstructions
 - Have a keen interest in current concepts in meniscal repair
 - Be looking to expand their practice into more advanced meniscal procedures
 - The course will be conducted in English therefore a good command of the language is essential
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Thursday 25th April, 2019

Up to 12:30 Individual arrival & lunch, Expert Connect Centre, Croxley Park, Watford, UK, WD18 8YE

Didactic 1		
Time	Session	Speaker
12:30	Welcome to the Expert Connect Centre	P. Wellings, Smith & Nephew
12:35	Course objectives and outcomes	S. Scheffler
12:45	Why Save the Meniscus? – Current Evidence	TBA
13:00	Meniscus repair techniques	
	All-inside (15 mins)	TBA
	Outside-in (15 mins)	TBA
	Inside-out (15 mins)	TBA
Lab session 1 – Meniscal Repair Techniques		
13:45		All
Coffee Break		
16:00		All
Didactic 2 - Advanced repair & hidden lesions		
16:15	Diagnosis and treatment of root lesions – How to find them, what to do?	TBA
16:30	Diagnosis and treatment of ramp lesions – How to find them, what to do?	
16:45	Case discussions	
Adjourn		
17:15	Depart ECC to Hotel	All
19:30	Course dinner, Bills Watford Restaurant	All

Friday 26th April, 2019

08:00 Transfer from Hotel to ECC

Lab Session 2		
Time	Session	Speaker
08:30	Faculty demonstration – Meniscal root repair	TBA
09:00	Advanced Repair techniques – Root and Ramp Practical	TBA
Coffee break		
10:00		
Didactic 3 – Scaffolds and MAT introduction		
10:15	Meniscal scaffolds: Indications & Techniques	All
10:30	MAT: Indications & Techniques	All
Lab Session 3		
10:45	Free Lab	All
Lunch		
13:15		
Adjourn		
14:00	Individual departures	

Course fees

Registration fee covers course dinner, accommodation (one night), ground transportation, during programme, instructional course attendance, course materials and refreshments.

Course venue

Smith & Nephew Expert Connect Centre (ECC)
Croxley Park
Building 5 Hatters Lane
Watford
WD18 8YE

Hotel

Jurys Inn Hotel
Clarendon Road
WATFORD
WD17 1JA

Course dinner

Bills Watford Restaurant
107 High Street
WATFORD
WD17 2DQ

Organiser

Paul B Wellings
ENT & Sports Medicine Content Delivery Manager
Telephone +44 (0) 7971 154 707
Email: paul.wellings@smith-nephew.com

Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be delivered only to delegates who attend all of the course, unless there are exceptional circumstances.

Any exceptions for legitimate reasons will be assessed by the course organiser.

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